

## **Universal Rules Governing Law of Attraction and Creation of Unlimited Wealth**

Much has been talked and written about the Law of Attraction. Simply stated, it can be defined as – “whatever you think about most, manifests in your life”. Humans are the only creatures who possess known capabilities of thinking. Their race, colour, religion and other differentiating factors may change considerably but they all can think, perhaps equally well. And, this makes the Law of Attraction universally applicable and unanimously appealing. Anyone, who is blessed with the capacity to think, can train to think rightly and put the Law of Attraction in practice.

Exploring a little deeper, it is seen that the basic nature of thoughts is the very cause of concern in implementation of Law of Attraction. Thoughts are extremely difficult to check. So, Law of Attraction is extremely difficult to use. However, there are some rules governing the Law of Attraction, which too have universal applicability. These rules are designed to break down the practice of Law of Attraction in simple steps to make them actually usable by anyone.

**1) Understand that Tracking All Thoughts is Not Possible:** Everything in this universe can be broken down into energy. Thoughts are also energy. Your brain can be compared to a transmitter transmitting thoughts, which are pure energy. It is extremely difficult to monitor all the thoughts that arise in one’s mind because of the sheer bulk of them generated in a miniscule amount of time. So tracking all the thoughts should never be attempted because it causes dejection and other negative thoughts. Your efforts should always be guided towards creating more positive thoughts.

**2) Feelings are Your Guiding Lights:** The easiest way to examine your thoughts is by checking your feelings. Yes, the thoughts invariably produce certain feelings. Happy thoughts produce happy feelings. Sad thoughts produce sad feelings. Anxious thoughts produce anxious feelings. Feelings are the manifestations of thoughts. They are meant to be felt. You can check and even correct your thoughts by checking your feelings. Remember, effort should be to create more of positive thoughts. So, check yourself whenever you are feeling low and change your mood to high ASAP.

**3) Maintain Momentum of Positive Thoughts:** Thoughts change very fast. In order to maintain the momentum of right and positive thoughts you have to cultivate habits that break the flow of bad thoughts. Indulging in some hobbies that calm your mind is a good idea. Spending time with your family may help you. Or, you may like to read some good inspirational literature. Listening to soothing music and watching films also helps many people. Do these on a regular basis to create momentum of positive thoughts.

**4) Use Self-Visualization for Creation of your Desired Objects:** You can visualize your way to creating anything that you wish for. Your desire may be great wealth, new house, latest car, good health or anything else. Whatever may be your desire, you can make it manifest in your life by visualizing about it. Self-visualization is a process of imagining the desired objects as if they have

already materialized in your life. You can do this by using a lot of pictures of the things that you desire and by using affirmations.

**5) Use Meditation for Calming the Thoughts:** Meditation is just a procedure of slowing down your thought process and putting your mind in what is called the “alpha” state. The energy produced by the calm “alpha” mind state is more potent than the energy produced by the active “beta” state. Most people remain in “beta” mind state almost all the time. Using some meditation techniques is a great way to calm your mind and relax your body. You can start with doing some breathing exercises and relaxing all the muscles of your body. Give affirmations to the mind in “alpha” state directly. They are acted upon by the subconscious mind immediately to make your desire become a reality.

**6) Slowly Empower Your Mind to Enrich Your Life:** You are the only one who can train your brain to think the way you want it to. Law of Attraction is totally under your control if you enrich your thoughts. Initially it is difficult. You will improve only with practice. But the choice to begin NOW is very well within your reach.

With these tricks in hand, you can master the Law of Attraction to perfection and create unlimited wealth of all kinds in your life.

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